

Breakfast **K** THROUGH **8**

September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>THE BREAKFAST BAGS HAVE A WHOLE NEW LOOK THIS YEAR! GRAB ONE AND CHECK IT OUT!</p> 	<p>5</p>  <p>Mini Breakfast Pizzas</p>  <p>Mini Cinnamon Cream Cheese Bagels</p> <p>Dried Cranberries Fresh Orange</p>	<p>6</p>  <p>Cherry Frudel</p>  <p>Frosted Mini Wheats or Rice Krispies and Boiled Egg</p> <p>Raisins Fresh Plum</p>	<p>7</p>  <p>The Sunnyside Egg & Cheese Quesadilla with Taco Sauce</p>  <p>Strawberry Parfait</p> <p>Strawberries Fresh Orange</p>	<p>8</p>  <p>"The Cubbie" Pancakes & Sausage Griddler</p>  <p>Welch's PB&J Graham Cracker Bar</p> <p>100% Orange Juice Fresh Pear</p>
<p>11</p>  <p>Cheddar Cheese Omelet with Taco Sauce and Sliced Toast with Margarine or Grape Jelly</p>  <p>French Toast Bar</p> <p>Dried Cranberries Fresh Orange</p>	<p>12</p>  <p>Country Chicken Biscuit Ketchup, Margarine or Grape Jelly</p>  <p>Raisin Bran or Cheerios and String Cheese</p> <p>Raisins Fresh Plum</p>	<p>13</p>  <p>Pancake on a Stick</p>  <p>Strawberry Parfait</p> <p>Strawberries Fresh Orange</p>	<p>14</p>  <p>Egg & Cheese English Muffin with Grape Jelly</p>  <p>Frosted Mini Wheats or Cheerios and Boiled Egg</p> <p>Raisins Fresh Banana</p>	<p>15</p>  <p>Cinnamon French Toast</p>  <p>Welch's PB&J Graham Cracker Bar</p> <p>100% Orange Juice Fresh Pear</p>

WELCOME BACK TO A FRESH START — WITH BREAKFAST!

- Breakfast is available for every student, even after the final morning bell rings.
- Our *Sunnyside Up Breakfast Club* grab & go **bags have a new look!**
- We proudly serve chicken raised with **No Antibiotics Ever!**
- Enjoy **tasty toppings** for breads and breakfast sandwiches!
- For **new recipes and special promotions** this year, look for the **orange fork!**
- All of this year's new items are CPS **student-tested and approved.**
- For **locally-grown** ingredients from within 350 miles from Chicago, look for the **(L)**

ALL MEALS ARE FREE EVERY DAY

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are identified with a green check. ✓

We only use heart-healthy whole grain breads.

Our milk varieties include 1% low fat and fat-free unflavored milk.

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September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>18</p>  <p>Blueberry Mini Waffles</p>  <p>Raisin Bran or Cheerios and String Cheese</p> <p>Dried Cranberries Fresh Orange</p>	<p>19</p>  <p>Mini Breakfast Pizzas</p>  <p>Mini Cinnamon Cream Cheese Bagels</p> <p>Raisins Fresh Plum</p>	<p>20</p>  <p>Grilled Ham & Cheese Sandwich</p>  <p>Strawberry Parfait</p> <p>Strawberries Fresh Orange</p>	<p>21</p>  <p>The Sunnyside Egg & Cheese Quesadilla with Taco Sauce</p>  <p>Frosted Mini Wheats or Rice Krispies and Boiled Egg</p> <p>Raisins Fresh Banana</p>	<p>22</p>  <p>"The Cubbie" Pancakes & Sausage Griddler</p>  <p>Welch's PB&J Graham Cracker Bar</p> <p>100% Orange Juice Fresh Pear</p>
<p>25</p>  <p>Cheddar Cheese Omelet with Taco Sauce and Sliced Toast with Margarine or Grape Jelly</p>  <p>French Toast Bar</p> <p>Dried Cranberries Fresh Orange</p>	<p>26</p>  <p>Country Chicken Biscuit with Ketchup, Margarine or Grape Jelly</p>  <p>Raisin Bran or Cheerios and String Cheese</p> <p>Raisins Fresh Plum</p>	<p>27</p>  <p>Pancake on a Stick</p>  <p>Strawberry Parfait</p> <p>Strawberries Fresh Orange</p>	<p>28</p>  <p>Egg & Cheese English Muffin with Grape Jelly</p>  <p>Frosted Mini Wheats or Cheerios and Boiled Egg</p> <p>Raisins Fresh Banana</p>	<p>29</p>  <p>Cinnamon French Toast</p>  <p>Welch's PB&J Graham Cracker Bar</p> <p>100% Orange Juice Fresh Pear</p>

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